

# The Problem Solving Process

## Problem:

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## Affirmation:

**“I believe I can solve any problem.”**

## How I am feeling:

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## How I want to feel:

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## Possible Solutions:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_

**(Continue on the back.)**

**The Best Solution:**

**From your list of possible solutions, choose 10 you think have the most potential. Write the numbers in the Top Ten column. Give each possibility a score from 1 – 10 under each of the five criteria on the chart. Add the points for each solution. The one with the highest score is your best possibility to begin working on.**

<b>Top 10</b>	<b>Fastest</b>	<b>Easiest</b>	<b>Safest</b>	<b>Least Expensive</b>	<b>Most Effective</b>	<b>Total</b>

**Evaluation:**